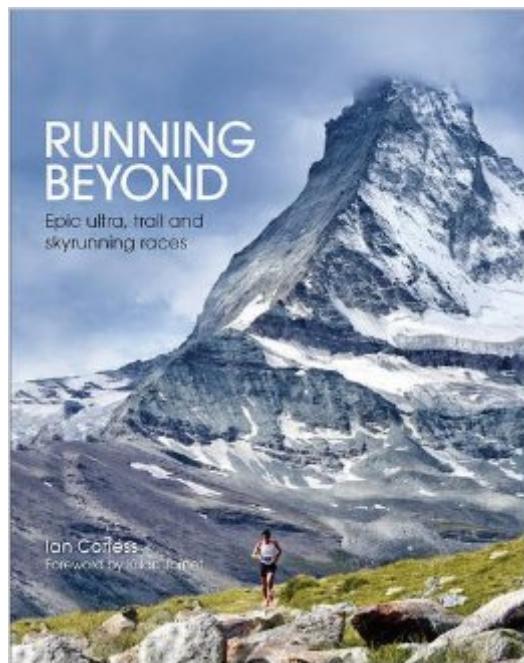


The book was found

Running Beyond: Epic Ultra, Trail And Skyrunning Races



Synopsis

Ultra running is one of the world's fastest growing sports and in Ian Corless who runs the scene's most influential podcast, ultra-running has the perfect author to chronicle its rise. Running Beyond is a homage to the sport's legendary races, unique, commissioned photography, captures the diverse and striking terrain - from mountaintop peaks, to jungles and deserts. Through interviews with the legendary athletes of the sport, Running Beyond is the ultimate homage to the ultra-running world. Foreword by record-breaking, world number one, Kilian Jornet (Run or Die).

Book Information

Hardcover: 240 pages

Publisher: Aurum Press Ltd (November 3, 2016)

Language: English

ISBN-10: 1781315256

ISBN-13: 978-1781315255

Product Dimensions: 9.7 x 1 x 11.4 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Best Sellers Rank: #742,047 in Books (See Top 100 in Books) #141 in Books > Arts & Photography > Photography & Video > Sports #1130 in Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging #3886 in Books > Sports & Outdoors > Nature Travel > Adventure

[Download to continue reading...](#)

Running Beyond: Epic Ultra, Trail and Skyrunning Races Training on the Trail: Practical Solutions for Trail Riding Appalachian Trail Conservancy Appalachian Trail Data Book 2016 Running Motivation and Stamina: Train Your Brain to Love Running with Self-Hypnosis, Meditation and Affirmations Chi Running: A Training Program for Effortless, Injury-Free Running Running for

Beginners: Teach Me Everything I Need to Know About Running in 30 Minutes Running for Beginners: Get a Glimpse inside the Runner's World: Your Training Plan on How to Start Running Injury Free Crowdfunding: How to create and launch an EPIC campaign How to raise money by running an amazing online campaign Hack your way to crowdfunding success with a top secret

Race and Races: Cases and Resources for a Diverse America 3d (American Casebook Series) Go for It!: Races, Rescues, Treasures Hunts and More A Splintered History of Wood: Belt-Sander

Races, Blind Woodworkers, and Baseball Bats The Great Railway Show/Off to the Races (Thomas & Friends) (Pictureback(R)) You Wouldn't Want to Be a Greek Athlete!: Races You'd Rather Not

Run The Scorpio Races 150+ Stephen Foster Songs Songbook - Piano Sheet Music Book: Includes Beautiful Dreamer, Oh! Susanna, Camptown Races, Old Folks At Home, etc. (American Folk Songs Books) (Volume 1) Global Supply Chains: Evaluating Regions on an EPIC Framework - Economy, Politics, Infrastructure, and Competence: "EPIC" Structure - Economy, Politics, Infrastructure, and Competence Star Wars Legends Epic Collection: The Old Republic Volume 1 (Epic Collection: Star Wars Legends) Star Wars Epic Collection: Rise of the Sith Vol. 1 (Epic Collection: Star Wars) Star Wars Legends Epic Collection: The New Republic Volume 1 (Epic Collection: Star Wars) The Passivhaus Handbook: A Practical Guide to Constructing and Retrofitting Buildings for Ultra-Low Energy Performance (Sustainable Building)

[Dmca](#)